

Let's Make a Dream Catcher

Materials

An empty plastic milk bottle

An empty packet with a shiny inside, like crisps or noodles

An empty plastic bottle

Scissors

An orange net

Sticky tape

A stick

1



With the help of an adult cut a ring out of your bottle. It needs to be about 1-inch thick. This is going to be the hoop for your dream catcher.

2



Stretch your orange net over your hoop and secure it with sticky tape around the edge. Cut off the remaining net.

3



Use your empty packet to cut lovely shiny strips that you can stick around the outside of your hoop, covering the cut net edges.

4



Use the rest of your packet to cut out shapes to decorate the outside edge of your dream catcher.

5



You could cut out different types of shapes and make a repeat pattern. Use sticky tape to attach them.

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6



Using scissors cut a big piece of plastic out of your milk bottle.

7



Cut the plastic into three shapes that look a bit like bananas!

8



Snip little triangles from the edges of your banana shapes. They will transform into beautiful white feathers.

9



Pull a long string from the remainder of your orange net. Do this three times. Use sticky tape and the string to hang your three feathers from the bottom of your dream catcher ring. Spread them out so the hanging feathers don't bump into each other.

10



Finally, using two more threads hang your dream catcher from your stick.

Now you need to find a suitable home for your dream catcher.

Will it be over your bed, at your window or maybe on your bedroom door?

Can you use books and the Internet to discover where dream catchers come from? Can you find out their history, who originally made them and why they are made?

